

# SPORTS ACROBATICS

## PRE-TEAM

This level is for the athlete who wishes to be a member of the Sports Acrobatics Team in the future.

This class focuses on elements that will help the athlete develop into outstanding members of our Sports Acrobatics Team.

## TEAM

This program is one of the best in the world. Our athletes compete at both National and International Levels.

The emphasis of this program is to achieve the goals that the athletes' and their families set forth.



## PRIVATE LESSONS AVAILABLE

**Pre-View:** As a courtesy to potential enrollees, we provide one free (1 hour) trial class.

## *Empire AcroGymnastics Sports, Inc.*

is located in the heart of downtown Riverside's historic district. What started as a small team of nine athletes in 1993 has grown to become one of the strongest and most dominant Sports Acrobatics teams in the United States.



Home to many USA National Team Members since 1996, Empire continues to build and develop Sports Acrobatics to a new level in the United States. At the recent 2001 National Championships in Dayton, Ohio, Empire brought 41 athletes to participate and came back with 13 National Champion Gold medalists in addition to silver and bronze place finishes.

# EMPIRE

*AcroGymnastics Sports, Inc.*



3191-B Mission Inn Avenue  
Riverside, CA 92501  
fax: 909•248•1157  
EmpireAcro@aol.com

**909•248•1112**

ADJACENT TO THE OLD SPAGHETTI FACTORY

# RECREATIONAL CLASSES (evening)

## • TUMBLE TOTS

Welcome to gymnastics! This level is for children approximately 2~5 years of age. These children are introduced to the basic skills in gymnastics in a safe and fun environment.

## • BEGINNING TUMBLING

This program is perfect for children with a little gymnastics background of a higher level of dexterity. Children at this level will be encouraged to further develop motor skills as well as strength and flexibility.

## • INTERMEDIATE TUMBLING

In this program, children have already developed basic tumbling skills as well as strength and flexibility. Here children will work on more difficult skills both in tumbling and acrobatics as well as increasing flexibility and strength.

## • ADVANCED TUMBLING

This class is perfect for the Athlete moving on to summersaults and who has aspiration for Cheer and/or Acrobatics Programs.



## • ALL-STAR CHEERLEADING

This program is for the cheerleader who has already graduated High School and wishes to continue cheering. This is a competitive program and is by try-out only.

Empire AcroGymnastics also offers classes for cheerpersons who wish to improve their jump and tumbling skills as well as various stunt skills.

# (daytime)

## • MOMMY & ME

A Parent-Child interactive class for Tots. Instructors show parents how to guide the child through various locomotor developmental activities. The goal is to predispose the Child positively to all types of motor movement. The social component of interacting with other children is invaluable as well.

## • HOME SCHOOLED CHILDREN

We offer recreational programs for children that are being Home Schooled and wish to become part of a regular workout schedule during the daytime hours. These children are, of course, also welcome to join any of our other programs.

Head Coaches David and Sheri Reiakvam started their first Sports Acrobatics team in 1993 at Junior Elite Gymnastics in Corona, California. Through hard work and diligence, they developed over 50 National Champions and numerous USA Elite National Team Members over the years. In 1999, the gym owner closed Junior Elite Gymnastics and the team was forced to switch training facilities. Gymnastique International in Riverside housed the team for the next year and a half during which they achieved two of their biggest accomplishments:

- In 1999, Julian Amaro and Danielle Heider represented the USA at the Junior World Championships in Nowa Ruda, Poland and earned one of the first individual medals for the United States with a Tempo bronze medal.

- In 2000, Arthur Davis and Aimee Broncatello represented the USA at the Senior World Championships in Wroclaw, Poland and earned another first with a Tempo bronze medal.

With the expansion and growth of our athletes, the team needed a facility better suited for its training needs. In April 2001, under the ownership of David and Sheri Reiakvam, Empire AcroGymnastics Sports opened with a team of 50 athletes. In August, USA National Team Coach David Reiakvam, accompanied the USA team to the 2001 World Games in Akita, Japan. The team included Empire athletes Julian Amaro and Shenea Booth who earned the first ever All-around silver medal for the USA.